

Leader: You have given them Bread from Heaven

All: Having within it all sweetness.

Leader: Let us pray.

Lord Jesus Christ, You gave us the Eucharist as the memorial of Your suffering and death. May our worship of this sacrament of Your body and blood help us to experience the salvation You won for us and the peace of the kingdom where You live with the Father and the Holy Spirit, one God, forever and ever.

All: Amen.

THE DIVINE PRAISES

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his Angels and in his Saints. Amen

REPOSITION OF THE BLESSED SACRAMENT

Holy God, we praise Thy Name; Lord of all, we bow before Thee!

All on earth Thy scepter claim, all in Heaven above adore Thee;

Infinite Thy vast domain, everlasting is Thy reign.

Infinite Thy vast domain, everlasting is Thy reign.

Hark! the loud celestial hymn, Angel choirs above are raising,

Cherubim and seraphim, in unceasing chorus praising;

Fill the heavens with sweet accord: Holy, holy, holy, Lord.

Fill the heavens with sweet accord: Holy, holy, holy, Lord.



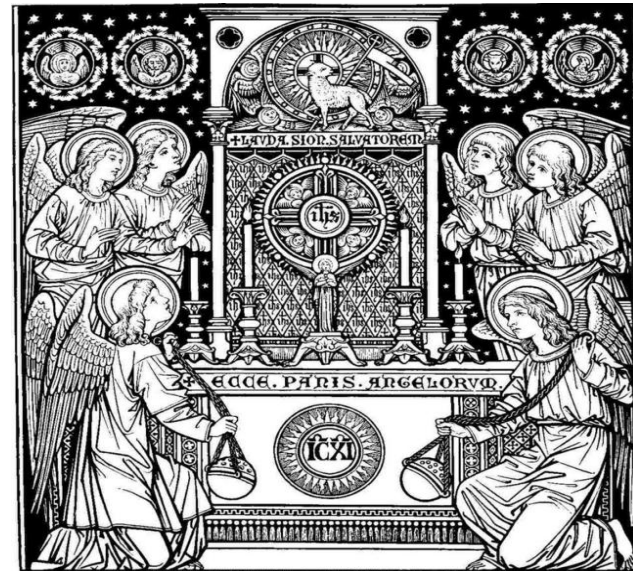
ST. JOSEPH'S CATHOLIC CHURCH

1813 Oakdale Road, Modesto, CA 95355

www.stjmod.com

HOLY HOUR

A liturgical service of Adoration of the Blessed Sacrament, Evening Prayers and Hymns



*“In order to direct and to encourage devotion to the Sacrament of the Eucharist correctly, the Eucharistic mystery must be considered in all its fullness, both in the celebration of Mass and in the worship of the Sacrament which is reserved after Mass to extend the grace of the sacrifice. The same piety which moves the faithful to Eucharistic adoration attracts them to a deeper participation in the Paschal Mystery.”
Holy Communion and Worship of the Eucharist outside Mass*

Why adoration of the Blessed Sacrament?

The importance of Eucharistic Adoration is shown in the fact that the Church has a ritual that regulates it: the Rite of Eucharistic Exposition and Benediction. This is an extension of the adoration of the Blessed Sacrament which occurs in every Mass:

"Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb."

Exposition of the Blessed Sacrament flows from the sacrifice of the Mass and serves to deepen our hunger for Communion with Christ and the rest of the Church. The Rite concludes with the ordained minister blessing the faithful with the Blessed Sacrament.

Holy hours are the Roman Catholic devotional tradition of spending an hour in Eucharistic Adoration in the presence of the Blessed Sacrament. There is a variety of holy hours that focus our prayer to Jesus Christ on peace, life, vocations, and other topics that are at the heart of the life of the Church and the world.

OPENING HYMN:

*O salutaris Hostia, Quæ cæli pandis ostium:
Bella premunt hostilia, Da robur, fer auxilium.
Uni trinoque Domino Sit sempiterna gloria,
Qui vitam sine termino Nobis donet in patria.*

O Saving Victim opening wide
The gate of heaven to all below.
Our foes press on from every side;
Thine aid supply, Thy strength bestow.
To Thy great name be endless praise
Immortal Godhead, One in Three;
Oh, grant us endless length of days,
In our true native land with Thee. *Amen*

Opening Prayer

Brief introduction and invitation to prayer by the leader.

Silent Prayer

A Time of Silence:

A period of silence will be observed to allow prayerful adoration of the Lord in the presence of the Blessed Sacrament.

“Consequently, the observance of the moments of silence envisioned by the liturgy is of great importance. These moments of silence are as much an integral part of the *ars celebrandi* (art of celebrating) of the ministers as is *participatio actuosa* (active participation) on the part of the faithful. Silence in the liturgy is the moment in which one listens with greater attention to the voice of God and internalizes His word, so that it bears the fruit of sanctity in daily life.”

Periods of Silence within the Eucharistic Celebration

Reading of Scripture:

One selection of reading can be chosen for the theme.

Reflection: Meditation on the Scripture and the theme.

Gospel

Homily

Silent prayer and possible music.

Rosary with special meditations.

Litany for the theme.

BENEDICTION: TANTUM ERGO

Tantum ergo Sacramentum Veneremur cernui:
Et antiquum documentum Novo cedat ritui:
Praestet fides supplementum Sensuum defectui.
Genitori, Genitoque Laus et iubilatio,
Salus, honor, virtus quoque Sit et benedictio:
Procedenti ab utroque Compar sit laudatio. Amen.

Down in adoration falling,
This great Sacrament we hail,
Over ancient forms of worship
Newer rites of grace prevail;
Faith we tell us Christ is present,
When our human senses fail. *Amen.*



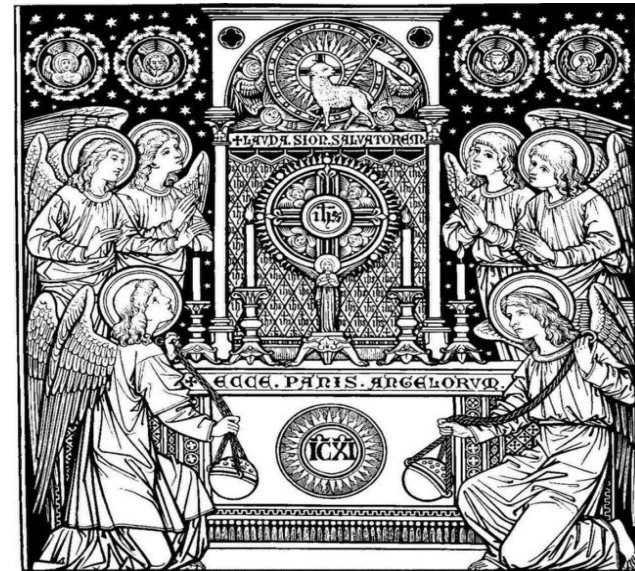
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